

CURRICULUM VITAE

MICHELLE S. ESLAMI, M.D.
Professor Emeritus of Geriatric Medicine
David Geffen School of Medicine, UCLA

PERSONAL HISTORY:

Business Address: Westside Geriatrics
5757 Wilshire Boulevard Suite PR2
Los Angeles, CA 90036

Business Phone: 424-902-1001

Business Fax: 630-350-0287

E-Mail Address: doctor@westsidegeriatrics.com

EDUCATION:

06/1982 College A.B., Mount Holyoke College, Cum Laude
South Hadley, MA

06/1986 St. George's University, School of Medicine
Grenada, West Indies
Doctor of Medicine

06/1986 - 06/1987 Internal Medicine
Intern, Waterbury Hospital, Yale affiliate
Waterbury, CT

06/1987 - 06/1989 Resident, Internal Medicine
Waterbury Hospital
Waterbury, CT

06/1989 - 06/1990 Chief Residency, Internal Medicine
Waterbury Hospital, Yale affiliate
Waterbury, CT

07/1990 - 06/1992 Travelers Center on Aging (Geriatric Medicine)
Fellowship
University of Connecticut
Farmington, CT

LICENSURE:

08/1987 - 10/1994	Pennsylvania Licensure MD-040750-L
09/1988 - 10/1997	Connecticut Licensure 029221
11/1994 - present	State of California, A053670

BOARD CERTIFICATION:

02/1987	ECFMG Part I and Part II
06/1987	FLEX
09/1989	Diplomate - American Board of Internal Medicine
04/1992, 04/2002, 04/2012	Added Qualifications in Geriatrics - American Board of Internal Medicine

CERTIFICATION:

08/1997, 11/2019	Certified Medical Director (CMD), The Society for Post-Acute and Long-Term Care Medicine (formerly AMDA)
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PROFESSIONAL EXPERIENCE:

Present Position:	Westside Geriatrics, Primary Care at Home Michelle Eslami Medical Corporation 5757 Wilshire Boulevard Suite PR2 Los Angeles, CA 90036
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Previous Positions:	Geriatrics Consultant 2021 Santa Monica Boulevard Suite 245 Santa Monica, CA 90404 9/1/2022 - 1/3/2023 Chief Medical Officer, Rockport Healthcare Services 3580 Wilshire Boulevard Suite 600 Los Angeles, CA 90010 07/2018 - 03/2022
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Medical Director, AccentCare Home Health Agency
Division of Geriatrics, David Geffen School of Medicine at UCLA
08/2015 - 05/2018

Associate Chief-Director of Post-acute Care/Long-term Care
Services, Division of Geriatrics, David Geffen School of
Medicine at UCLA
08/2007 - 05/2018

Health Sciences Clinical Professor of Medicine (Compensated)
Division of Geriatrics, David Geffen School of Medicine at UCLA
07/2006 - 05/2018

Medical Director, Arborview Rehabilitation and Wellness Center,
Santa Monica, CA 90404,
Division of Geriatrics, David Geffen School of Medicine at UCLA
07/2004 - 03/2010

Medical Director, Berkeley East Convalescent Hospital,
Santa Monica, CA 90404,
Division of Geriatrics, David Geffen School of Medicine at UCLA
07/2014 - 06/2015

Health Sciences Associate Professor of Medicine (Compensated)
Division of Geriatrics, David Geffen School of Medicine at UCLA
07/2000 - 07/2006

Assistant Clinical Professor of Medicine (Compensated)
Division of Geriatrics, David Geffen School of Medicine at UCLA
12/1994 - 07/2000

Assistant Professor of Medicine (Geriatrics)
UCONN School of Medicine
07/1992 - 09/1994

Staff Geriatrician
Hebrew Home and Hospital
07/1992 - 09/1994

Clinical Instructor – Medicine
Yale University School of Medicine
06/1989 - 06/1990

PROFESSIONAL ACTIVITIES:

Committee:

Fellowship Coordinator
UCLA Multicampus Program in Geriatric Medicine and
Gerontology, 07/1997 - 06/2001

UCLA Department of Medicine Professional Group Executive
Board, 07/1998 - 06/2001

Associate Chief's Committee
UCLA Division of Geriatrics
08/2002 - 05/2018

Credentials Committee
UCLA Ronald Reagan Medical Center
07/2003-6/2009

UCLA Department of Medicine Residency Selection Committee
07/2003 – 06/2010

Patient – Physician Advisory Committee
UCLA Division of Geriatrics
10/2010 - 05/2018

Post-acute Care Transitions Committee
UCLA Ronald Reagan Medical Center
07/2012 - 06/2016

UCLA Health System Primary Care Innovation Design Team
07/2014 - 05/2018

UCLA Health Transitional Care Collaborative
08/2015 - 05/2018

UCLA Health Patient Physician Advisory Group
08/2015 - 06/2017

UCLA Health Post-acute Care Design Team
07/2016 - 05/2018

Chair, Education Committee, CALTCM
08/2019 - 06/2020

Board of Trustees, Quality Care Health Foundation (QCHF)
07/2020 - 03/2022

Vice Chair, Government Relations Quality Improvement
Subcommittee, CAHF
01/2020 - 03/2022

**Professional Associations
and Scholarly Societies:**

Member, American College of Physicians, 07/1989 - 06/1997

Member, American Geriatric Society, 07/1990 - present

Fellow, American College of Physicians, 05/1997 - present

Member, The Society for Post-acute and
Long-term Care Medicine, 07/1997 - present

Member, CALTCM, 07/2018 - present

Member, California Association Healthcare Facilities (CAHF),
07/2018 - 03/2022

Board of Trustees, Quality Care Health Foundation (QCHF),
1/2020 - 03/2022

Teaching Activities:

Geriatric Attending for UCLA Center for Health Sciences/Ronald
Reagan UCLA Medical Center, 12/1994 – 05/2018

Geriatric Consult Attending, UCLA Neuropsychiatry Institute,
12/1994 - 05/2018

ME356.01 Geriatric Medicine Clerkship Course to fourth year
medical students, 12/1994 - 05/2018

AM 017 3rd year Ambulatory Medicine to third and fourth year
medical students, 12/1994 - 05/2018

Block 8: Geriatric Clinical Skills Workshop (HBD 408,
Medical Neurosciences II – Clinical Skills), 07/1995 - 05/2018

Geriatric Medicine Preceptor – John A. Hartford/AFAR and Lillian R. Gleitsman Medical Student Geriatric Scholars Program, 07/1996 - 05/2018

HD4 B403: Micturition and urinary incontinence – Block 3 to First year medical students, 03/2003 - 07/2013

GNP 439A: UCLA Geriatric Nurse Practitioner Student Rotation, 07/2003 - 06/2012

Geriatric Attending, Santa Monica UCLA Santa Monica Medical Center, 06/2006 - 05/2018

HONORS AND SPECIAL AWARDS:

Best Doctors in America, 1998, 2001, 2007, 2009, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2020

UCLA Multi-Campus Geriatric Fellowship Faculty Recognition Award, 06/2006, 06/2010, 06/2017

American Geriatrics Society, Clinician of the Year, 2009

American Medical Directors Association, Annual Meeting, Poster Session, Abstract Honorable Mention, “Lack of Knowledge of Skilled Nursing (SNF) Care by Internal Medicine Residents”, 2010

The Medical Student Training in Aging Research (MSTAR) Program, “Clinical Mentorship Award,” 08/2011, 08/2013

The Arthur Cherkin Award, Multicampus Program in Geriatrics and Gerontology VA-UCLA Fellowship Program, Teaching Award, 06/2012

RESEARCH GRANTS:

Pilot funding: UCLA Hartford Foundation Center of Excellence (PI: Reuben)

Project period: 07/01/2014 - 06/30/2015

Project title: *UCLA/Hartford Center of Excellence*

Amount: \$12,000

Role: Co-Investigator

LECTURES AND PRESENTATIONS:

UCLA LECTURES/PRESENTATIONS:

“The Care of the Older Woman,” UCLA Undergraduate Course: Topics in Older Women in Medicine, Los Angeles, 10/1995 - 10/1999

“Nursing Home Care and Overview,” UCLA Medicine Residents Didactics, 06/1995 - 05/2018

“Pressure Ulcers: Pathogenesis, Prevention and Treatment,” “Long Term Institutional Care,” UCLA Medicine Resident Didactics, Los Angeles, 01/1995 - 05/2018

“Role of the Medical Director in Nursing Homes,” UCLA Intensive Course in Geriatric Medicine and Board Review, Los Angeles, 09/1996

“Alternative Sites of Care for the Frail Elderly,” UCLA Medical Grand Rounds, Los Angeles, 11/1996

“Women’s Health, Gender Issues and Aging,” UCLA Center on Aging, Lifespan Project, Los Angeles, 10/1997

Geriatrics Review, Harbor-UCLA Board Review Course, Los Angeles, 09/1997 - 09/1999

“Urinary Incontinence in Older Adults,” Los Angeles, UCLA Intensive Course in Geriatric Medicine and Board Review, 09/1997 - 05/2018

“Controversies in Women’s Health: Urinary Incontinence in Women,” CME, UCLA Department of Medicine, Los Angeles, 08/1998 - 07/2002

“Basic Concepts in Geriatrics Medicine,” California Internal Medicine Board Review Course, American College of Physicians – California Board Review Course, UCLA, Los Angeles, 8/1999 - 8/2003

“Urinary Incontinence in Women,” Current Issues in Primary Care, Harvard-UCLA Primary Care CME Conference, Los Angeles, 04/2000, 04/2002, 04/2004, 04/2006, 04/2008, 04/2011, 04/2013, 04/2015, 04/2018

“Update on Treatment of Alzheimer’s Disease,” Current Issues in Primary Care, Harvard-UCLA Primary Care CME Conference, Los Angeles, 4/2001, 4/2003, 4/2005, 4/2009

“Update on Treatment of Alzheimer’s Disease,” UCLA Family Medicine Board Review Course, Los Angeles, 09/2004, 09/2005, 09/2006, 09/2011, 09/2013, 09/2015, 09/2017

“Urinary Tract Infections in the Elderly,” Current Issues in Primary Care, Harvard-UCLA Primary Care CME Conference, Los Angeles, 04/2007, 04/2010, 04/2012, 04/2016

“Discharge Planning: Method of Transferring Clinical Information and Levels of Care,” CME, Donald W. Reynolds Mini-Fellowship Program at UCLA, 06/2007 - 06/2016

“Care Transitions: One Size Doesn’t Fit All” UCLA Intensive Course in Geriatrics Medicine and Board Review, 09/2015 - 09/2017

“Care Transitions Boot Camp: Providing Value Versus Volume to Improve Clinical Outcome,” Annual UCLA Intensive Course Geriatric Medicine Board Review, Los Angeles, 09/2017, 09/2018

NON-UCLA LECTURES/PRESENTATIONS:

“The Pathogenesis and Prevention of Pressure Sores,” “Depression Following Stroke,” “Immunizations in Older Adults: Pneumovax and Influenza,” “Risk Factors for Institutionalization Among Older Adults,” UCONN Fellows Rounds, Farmington, 06/1990 - 06/1991

“OBRA 1987,” Newington VA Hospital, Nursing Grand Rounds, 10/1991

“Medical Management in the Dementia Patient,” Alzheimer’s Association, Los Angeles Chapter Meeting, 07/1995

“Common Problems in the Frail Geriatric Patient and How to Prevent Them,” Holy Cross Medical Center, Los Angeles, 08/1995

“Drug Use in the Elderly,” “Urinary Incontinence in Older People,” Kaiser Permanente, 41st Annual Raymond M. Kay, MD Internal Medicine Symposium, Los Angeles, 04/1996

“Drug Use in Older Patients,” “Urinary Incontinence,” “Dementia-Beyond the Mini-Mental Status Examination,” Symposium Medicus, Dilemmas in Clinical Medicine, CME Course, Los Angeles, 08/1997

“Improving Geriatric Training in General Internal Medicine: Lessons Learned by the Hartford Foundation Geriatric Consortium for Residency Training,” SGIM Annual Meeting, Los Angeles, 04/1999

CALTCM, Annual Meeting, “Urinary Incontinence in the Nursing Home”
Napa, 11/2001

MTP 071 “A Practical Approach to Urinary Incontinence,” Annual Session of American College of Physicians, San Diego, 04/2003

MTP 208 “A Practical Approach to Urinary Incontinence,” Annual Session of American College of Physicians, San Diego, 04/2003

The June and Paul Ehrlich Endowed Program in Geriatric Dentistry Distinguished Lecturer, “Nursing Home Care,” 05/2003

MSFM, “Geriatric Conundrums,” Annual Session of American College of Physicians, New Orleans, 04/2004

“Dementia in Women,” Annual Meeting, The North American Women’s Healthcare Forum, Anaheim, 07/2004

“Diagnosis and Management of Urinary Incontinence,” “Management of UTI’s on the Elderly,” “Management of Alzheimer’s Disease,” Meeting the Challenge of Primary Care, CME, David Geffen School of Medicine, Maui, 10/2005

“Urinary Incontinence,” Kaiser’s Annual Meeting, 08/2010

MTP 071 “A Practical Approach to Urinary Incontinence in Women,” Annual Session of American College of Physicians, New Orleans, LA, April 2011

Faculty for SCAN Health Plan Online CME, “Urinary Incontinence,” (www.SCANCME.com), 09/2011

Management of Geriatrics Hip Fracture Patients, presented to Faculty for AO Orthopedics, 10/2012

“Creating a COVID-19 Recovery Center,” CMS – CDC Fundamentals of COVID-19 Prevention for Nursing Home Management Training, 09/2020

BIBLIOGRAPHY**RESEARCH PAPERS**

RESEARCH PAPERS (PEER REVIEWED)

A. RESEARCH PAPERS PEER REVIEWED

1. Reuben DB, Lee M, Davis JW, **Eslami MS**, Osterweil DG, Melchior S, Weintraub NT. Development and validation of a geriatrics knowledge test for primary care residents. *J Gen Intern Med.* 1997;12(7):450-2. PMID: [9229284](#)
2. Reuben DB, Lee M, Davis JW Jr, **Eslami MS**, Osterweil DG, Melchior S, Weintraub NT. Development and Validation for Geriatrics Attitude Scale for Primary Care Residents. *J Am Geriatric Soc.* 1998;46(11):1425-30. PMID: [9809767](#)
3. Fung CH, Spencer B, **Eslami M**, and Crandall C. Quality Indicators for the Screening and Care of Urinary Incontinence in Vulnerable Elders. *J Am Geriatr Soc.* 2007;55(s2):S443-9. PMID: [17910569](#)
4. Ward KT, Bates-Jensen B, **Eslami MS**, Whiteman E, Dattoma L, Friedman JL, DeCastro Mariano J, Moore AA. Addressing delays in medication administration for patients transferred from the hospital to the nursing home: A pilot quality improvement project. *Am J Geriatr Pharmacother.* 2008;6(4):205-11. PMID: [19028376](#)
5. Ward KT, **Eslami MS**, Garcia MB, McCreath HE. Do Internal Medicine Residents Know Enough About Skilled Nursing Facilities to Orchestrate a Good Care Transition? *J Am Med Dir Assoc.* 2014;15(11): 841-843. PMID: [25282630](#)
6. Ramezani R, Zhang W, Xie Z, Shen J, Elashoff D, Roberts P, Stanton A, **Eslami M**, Wenger N, Sarrafzadeh M, Naeim, A. Combination of Indoor Localization and Wearable Sensor-Based Physical Activity Recognition to Assess Older Patients Undergoing Subacute rehabilitation: Baseline Study Results. *JMIR Mhealth and Uhealth.* 2019;7(7):e14090. PMID: [31293244](#)
7. Malenfant J, **Eslami M**, Dao B, Moore, L, Green, N, Silver D, Yong K, Ruparelia A, Fisher R, Wood J, Faisal M, Washburn F, Shvartsblat S, Jewell M, Romo T, Foo C, Salazar A, Rajagopalan S, Rubin Z, Gounder P. Seroprevalence of SARS-CoV-2 Among Skilled Nursing Facility Residents and Staff Members — Los Angeles County, August–September 2020. *The Journal of Infectious Diseases.* 2021; jiab281, <https://doi.org/10.1093/infdis/jiab281>

CHAPTERS

1. When to Consider Nursing Home Care. In: *Homecare Guide for Elder Care*. American College of Physicians.
2. **Eslami M.** “Urinary Incontinence in Women” in *Women’s Health: Principles and Current Practice*. JP Pregler and AH DeCherney, Eds. Toronto: B.C. Decker, 2002, p 953-972.
3. Caswell D, **Eslami M.** “Vascular Disorders” in *The Nurse Practitioner in Long-Term Care: Guidelines for Clinical Practice*. B White and D Truax, Eds. Boston, MA. Jones and Bartlett 2007, 403-418.
4. **Eslami M,** Tran HP. Transitions of care and rehabilitation after fragility fractures. *Clin Geriatr Med*. 2014;30(2):303-15. PMID: [24721370](https://pubmed.ncbi.nlm.nih.gov/24721370/)

REVIEWS

1. **Eslami M.** Evaluation and Management of Incontinence in Females. Medical Proceeding of UCLA Healthcare, 2001; Vol 5:(2)20-4.
2. **Eslami MS,** Espinoza RT. Update on Treatment of Alzheimer’s Disease-Part I: Primary Treatment *Clinical Geriatrics* 2003; 11(12):42-49.
3. Espinoza RT, **Eslami MS.** Update on Treatment of Alzheimer’s Disease-Part II- Management of Noncognitive, Psychiatric, and Behavioral Complications *Clinical Geriatrics* 2004; 12(1):45-51.
4. **Eslami MS,** Friedman JL. Urinary Incontinence: Is There Effective Therapy? *Consultant* 2004; 44(7):905-913.
5. **Eslami MS,** What does this woman’s memory loss mean? *Family Practice Recertification* 2004; 26(10):14-23.
6. **Eslami MS.** How should I manage UTI in a nursing home patient? *Family Practice Recertification* 2006; 28(6):12-13.
7. Friedman J, **Eslami MS.** Medical Management of Osteoporosis When Bisphosphonates Fail. *Current Translational Geriatrics and Experimental Gerontology Reports*. June 2013; Vol 2:(2)105-12.

PAPERS IN PREPARATION (RESEARCH COMPLETED)

1. Sorensen A, Grotts J, Moreno G, Tseng, CH, **Eslami MS,** Maranon R, Gupta R, Mangione C. Transitions in Care for Patients in Skilled Nursing Facilities: Contribution of Clinical Pharmacists in Reducing Utilization through Improved Medication Management.

ABSTRACTS

1. **Eslami MS,** Wetle T, Kerr M, Winsemius D. Predicting nursing home placement and other selected outcomes in case management special needs clients (abs.) *J Am Geriatr Soc* 1992;40(10): SA53.

2. **Eslami MS**, Shattuck E. A study assessing the nutritional status of older adults in three settings (abs.) *J Am Geriatr Soc* 1994;40(11): SA17.
3. **Eslami MS**, Ward K, Friedman J, McCreath H, Reuben D. Lack of Knowledge of Skilled Nursing Facility(SNF) Care by Internal Medicine Residents (abs.). Poster presentation at the meeting of the American Medical Directors Association, 2010.
4. **Eslami MS**, Greely A, Garcia M, Tran HP, Leonard S, Moore A. Teaching Skills to Hospitalists to Improve Care for Patients. Poster presented at Department of Medicine Research Day, 2015.
5. Reducing Hospital Readmissions: Patient Experience in Transition of Care. Department of Medicine Research Day, 2015
6. **Eslami MS**, Greely A, Garcia M, Tran HP, Leonard S, Moore A. Teaching Skills to Hospitalists to Improve Care for Patients (abs). *J Am Geriatr Soc* 2016;64(1): SB152.
7. **Eslami MS**, Lee G. Reducing Hospital Readmissions: Patient Experience in Transition of Care. *J Am Geriatr Soc* 2016;64(1): SA68.

REVIEW QUESTIONS

1. **Eslami M**. Gynecologic Diseases and Disorders: Questions and Critiques. *Geriatric Review Syllabus, 5th Edition*, American Geriatric Society, 2002.
2. Pompei P, Murphy JB, Eds. *Geriatrics Review Syllabus: A Core Curriculum in Geriatric Medicine*, 6th d. New York, NY: American Geriatrics Society; 2006.
3. Auerhahn C, Capezuti L, Flaherty E, and Resnick B, Eds. *Geriatric Nursing Review Syllabus: A Core Curriculum in Advanced Practice Geriatric Nursing*. 2nd Edition. New York: American Geriatrics Society; 2007.